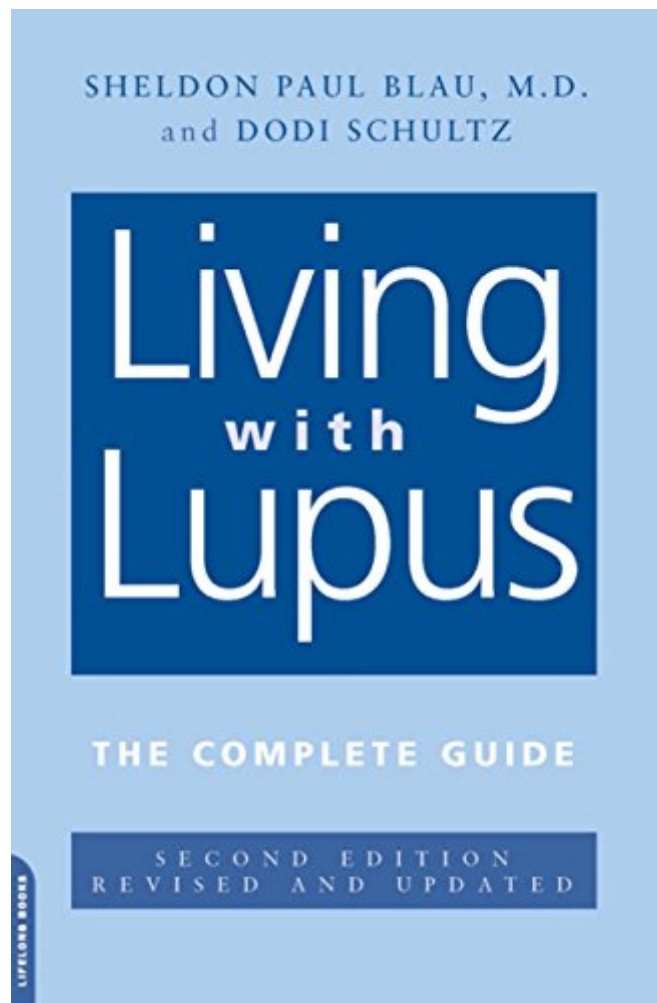




Ebook Directory
the best source of ebook

The book was found

Living With Lupus: The Complete Guide, 2nd Edition



Synopsis

An estimated 1.4 million Americans, most of them women, suffer from lupus, a chronic auto-immune disease in which the immune system attacks the body. With symptoms ranging from skin rashes to kidney dysfunction, lupus is a complicated and frustrating disease, the cause of which is still unknown. In the newly revised *Living with Lupus*, Dr. Sheldon Blau helps patients, their caregivers, and their families and friends navigate this unpredictable disease. With sound, up-to-date advice on how to interpret symptoms, find a physician, choose the right treatments and medications, avoid the environmental factors that may trigger a flare-up, and reduce the risk of complications, *Living with Lupus* is the essential resource for maintaining a healthy and comfortable lifestyle in spite of lupus. Full of practical suggestions, cutting-edge medical information, and moving personal stories, *Living with Lupus* offers hope and reassurance.

Book Information

File Size: 1041 KB

Print Length: 274 pages

Publisher: Da Capo Press; 2 edition (March 5, 2009)

Publication Date: March 5, 2009

Language: English

ASIN: B009K44MD8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,327,428 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #53

inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lupus #127 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Rheumatic Diseases #456 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Immune Systems

Customer Reviews

Lots of good info.

Very comforting to read, great book ! Made me cry because of things I've gone through myself

If you have Lupus it is worth the read. Especially just knowing there are people out there that deal with this same disease daily. It covers everything to a tee and has some good ideas. It would really help family members to read this one also. It will shed a light on someone who has no clue about Lupus.

I enjoyed this book. It is well written and easy to understand. It is not as technical as some books on the topic which makes it much easier to understand. I learned a vast amount of new information from this book. It offered practical advice/information. After I read it- I had my husband and mother read it -so they could understand my Lupus much better. Definitely worth the price of the book!

Really helps with anxiety problems. There are new treatments...Most people do fine

Well,since my hands are involved w/my lupus I can't actually READ this book.They need to make these things on audio or readable on the computer.

just fine, very good seller . as the price. New to making homemade bread. my parents need it,

This book is a decent intro to the topic if you don't know much about it, and definitely gets points for being a quick, easy read. I would recommend it to someone that knows very little (or nothing) about lupus, but not for anyone that has a good knowledge base already. It does contain a lot of good information, but a lot of it is obvious common sense you don't need to pay for (like.. are you tired? rest! or a great way to exercise is to walk!)...

[Download to continue reading...](#)

Lupus Recovery Diet - The Natural Lupus Recovery Solution: (Recover from Lupus with the Lupus Recovery Diet) Coping with Lupus: A Guide to Living With Lupus for You and Your Family The Lupus Recovery Plan: Healthy Nutrition To Treat Lupus Naturally (Healthy Nutrition and Living Book 1) Living With Lupus: The Complete Guide, 2nd Edition Coping With Lupus: A Practical Guide to Alleviating the Challenges of Systemic Lupus Erythematosus The Lupus Guide: An education on and coping with Lupus The Lupus Diet Plan: Meal Plans & Recipes to Soothe Inflammation, Treat Flares, and Send Lupus into Remission A Decade of Lupus: Selections from Lupus News Dubois' Lupus Erythematosus and Related Syndromes E-Book: Expert Consult - Online (Dubois Lupus

Erythematosus) Connective Tissue Diseases: Holistic Therapy Options--Sjogrens Syndrome;
Systemic Sclerosis - Scleroderma; Systemic Lupus Erythematosus; Discoid Lupus Erythematosus;
Secondary and Primary Raynauds phenomenon; Raynauds Disease; Polymyositis Dermatomyositis
Healing Lupus Naturally: Science-Based Natural Lupus Remedies Your Doctor Doesn't
Want You to Know About LUPUS: Systemic Lupus Erythematosus: Symptoms. Types. Causes.
Diet. Diagnosis. Treatments. Research. A Lupus Handbook: These Are The Faces Of Lupus Lupus
Diary: Track Your Life with Lupus--Body, Mind, and Spirit The Lupus Answer - Holistic Lupus Diet &
Treatment BENLYSTA (Belimumab): Treats Systemic Lupus Erythematosus (SLE or Lupus) When
Lupus Throws You For A Loop: A Handbook For The Newly Diagnosed, Lupus Veterans, And For
Those Who Love Them Living With Lupus: The Complete Guide, Second Edition Real Goods Solar
Living Sourcebook: Your Complete Guide to Living beyond the Grid with Renewable Energy
Technologies and Sustainable Living Befriending the Wolf: The Guide to Living and Thriving with
Lupus

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)